## 7 Cautions (PUDDLED)

Persistently infringes the Laws of the Game

**U**nsporting behavior

Dissent – by word or action

Delays the restart of play

Leaves the field of play (deliberately) without the referee's permission

**E**nters or re-enters the field of play without the referee's permission

<u>D</u>istance – Fails to respect the required distance when play is restarted with a corner kick, free kick or throw-in

## 7 Send Offs

(SAVS 2 Dogs)

**S**erious foul play

<u>A</u>busive, offensive, insulting language or gesture

**V**iolent conduct

**S**pits at anyone

2nd caution in the same match

**DOGSO** (denies an obvious goal scoring opportunity) by deliberately handling the ball

**DOGSO** (denies an obvious goal scoring opportunity) by an offence punishable by a free kick or a penalty kick